



SCHOOL DISTRICT NO. 78 FRASER CASCADE

# CAREERS N' TRANSITIONS YOUTH TRAIN IN TRADES

## Student Report/Reflection Sheet for Work Based Training

Name: _____	Employer: _____
YIT Course: _____	Supervisor: _____
Trade: _____	Supervisor's Phone: _____
School: _____	Date: _____
Period Start Date: _____	Period End Date: _____

1. What three results/experiences of the YIT Course in the last 120 hours were positive for you?

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2. Were there any negative aspects of the program?

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3. Name one specific skill you have learned.

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4. What did you learn that you could not have learned in your school courses?

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5. What do you believe are your major strengths as an apprentice?

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6. What do you believe are areas where you need improvement as an apprentice?

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7. How would you rate yourself so far on your apprentice training?  Satisfactory  Good  Excellent